

Japanese Recipe - 32

Onion Salad

Sliced raw onion is often used in dishes such as salads in Japan. Onion salad goes well with any type of dressing. It is a very simple and easy side dish, but it's also very tasty and good with any meal



Ingredients (Serves 2)

- 1 Onion
- 2.5g **Katsuobushi**
- 15ml **Ponzu**

Japanese style of onion salad consists mainly of Katsuobushi and Ponzu. Katsuobushi and Ponzu are very universal in lots of Japanese dishes such as in Okonomiyaki, Dashi stock, Sushi and even in salad dressing as well.

Method

1. Slice onion very thinly. Use slicer if you have it.
2. Soak sliced onion in cold water about 10 minutes, and drain.
3. Serve in a small bowl with Ponzu, sprinkle Katsuobushi for topping.



Katsuobushi (Bonito fish flake)

Katsuobushi is dried Bonito flakes or shavings, has a smoky savory taste that is a great accent for many Japanese dishes. Vastly used to make Dashi (fish broth), toppings for cold tofu, vegetables or Okonomiyaki etc.



Ponzu

Ponzu is a citrus-based sauce commonly used in Japanese cuisine. Ponzu is traditionally used as a dipping sauce for Nabemono (hot pot dishes) such as Shabu-Shabu, seafood such as Sashimi or cold noodles. It is used for salad dressings as well.

Lion Oriental Foods Co. recommends

Sun Foods Blended Whisky Gin

The blended whisky fresh aroma which is mellow to the palate with soft rich oakness from the cask, light good crispy taste. I really easy drinkable whisky have it straight or with ice.



Lion Oriental Foods Co. recommends

Yamazaki Single Malt Whisky Distiller Reserve

Aromatic classical yamazaki strawberries, the palate is smooth but rich sweet notes with oaky taste from the cask. Have it straight with great intense flavour or on the rocks for a more drinkable sweetness.



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