

Japanese Recipe - 18

# Ochazuke

Ochazuke is Japanese dish made by pouring green tea over steamed rice, with some salty toppings like Umeboshi or pickled vegetables.

**Ingredients** (Serves 1)

- 1 cup steamed rice
- 1 instant **Ochazuke** seasoning packet
- 1 **Umeboshi**
- 150ml hot water
- Wasabi for taste(optional)
- 1 teaspoon of soy sauce for taste(optional)

Ochazuke is a kind of food to eat easily and comfortably when you feel sick. All Japanese generation knows Ochazuke because it is also eaten in any home in Japan.



**Method**

1. Put steamed rice in a rice bowl, top with instant Ochazuke seasoning packet.
2. Pour hot water over rice.
3. Add a little Wasabi and soy sauce if you please.



Instant **Ochazuke** seasoning packet

The packet contains rice crackers, seaweed, a lot of salty seasonings included dry seafood, Dashi stock and green tea. It is easy to consume and a quick snack every once in a while.



**Umeboshi**

Umeboshi is Japanese salted plums or pickled plums common in Japan. Umeboshi is a popular kind of pickles, and is extremely sour and salty. They are usually served as a side dish for rice or put inside a rice ball.

This Kagatsuru Jyunkin no Mai is suited to 'Ochazuke'

**Kagatsuru Jyunkin no Mai**

This Sake special character is the floating gold flake at the bottom. The brew is clean taste with a smooth dry finish. People in Japan enjoy this sake for its symbolic character to celebrate.



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